dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

July	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof	S	Celery and products thereof
	Eggs and products thereof	s	Mustard and products thereof
	Fish and products thereof		Sesame and products thereof
無期	Peanuts and products thereof	***************************************	Lupines and products thereof
600	Soy and products thereof		Molluscs and products thereof
	Milk and products thereof (lactose included)	S0 ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possibel cross-contamination:

The allergen information refers exclusively to the 14 major allergens known to cause allergic reactions. An allergen is listed only if it is explicitly used as an ingredient in the recipe. However, please note that cross-contamination with other major allergens mentionend cannot be ruled out during the production of ingredients and the preparation of our dishes. These potential cross-contaminations **are not** separately indicated.

vegetarian: no meat, no fish, but eggs and dairy goods	~	vegan: no animal products, no animal fat or honey
We divide our degree of spiciness into: ✓ : mild ✓✓: medium ✓✓✓: hot	\$	Suitable: - for pregnant women



	Alle	rgens															Mayb	e uno	desira	ble		Sui	table	for
		115				(A)						1									1		V	•
	}			0		排冊	1					s			20	SO ₂					Ĵ			
							1 .)	1	e e			1			1		
	Indicatio	n Code	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Cerlery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant women
Salads *without dressing + with																								
Side Salad without dressing	No alle	ergens inc	cluded																			✓	✓	✓
Side Salad with dressing												✓					✓	✓				✓	✓	✓
Salmon Spring without dressing					\checkmark			✓																
Salmon Spring with dressing					\checkmark			✓				✓						✓						
Big Easy Beef without dressing						✓	\checkmark										✓	✓		✓				✓
Big Easy Beef with Dressing						✓	\checkmark					✓					✓	✓		✓				✓
Caesar Chicken without dressing	✓	A1		✓			✓	✓																✓
Caesar Chicken with dressing	✓	A1		✓			✓	✓				✓					✓		√					
Chicken Vitality without dressing				✓				✓																✓
Chicken Vitality with dressing				✓				✓				✓												✓
Avocado Halloumi without dressing	✓	A1						✓														✓		✓
Avocado Halloumi with dressing	✓	A1						✓				✓						✓				✓		✓
Falafel Tahini without dressing													\checkmark				✓	✓				✓	✓	✓
Falafel Tahini with dressing	✓	A1					✓						\checkmark				✓	✓				✓	✓	✓
Good Greens without dressing									✓	Н3												✓	✓	✓
Good Greens with dressing									✓	Н3		✓										✓	✓	✓
Paris without dressing								✓	\checkmark	Н3												✓		✓
Paris with dressing								✓	✓	Н3		✓										✓		✓
Salads Prepacked (EX	PRES	S)																						
Caesar Classic - prepacked				√				√									√		√					-
Vitality mit Dressing				· ✓				1				✓					-					✓		·
Dressings			_																					
Honey Mustard												✓						✓				✓		✓
Caesar vegan							✓					✓					✓		√			✓	✓	
Rocket												✓										✓	✓	✓
Balsamico Maple												✓					✓	✓				✓	✓	✓
Tahini Lemon	✓	A1					✓						✓									✓	✓	✓
Bread															_									
Freshly Baked Bread	✓	A1, A2, A3	3										✓									✓	✓	✓
Mix Your Own																								
Basis - Salad Mix	No alle	ergens inc	cluded																			_	✓	✓
Bowl Basis - Quinoa Rice Mix		ergens inc																				1	1	1
Bowl Basis - Jasmine rice		ergens inc																				1	1	1
Basic - Pear		ergens inc																				1	1	1
Basic - Crunchy Onions	✓	A1																1				· /	1	·
Basic - Croûtons	1	A1																				1	1	1
Basic - Edamame							✓															√	1	1
Basic - Peanuts						✓																√	1	·
Basic - Egg (free range)				1																		√		·
Basic - Spring Onions	No alle	ergens inc	cluded															1				√	1	√

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dean&david Allergenoverview

valid for Germany - Luxembourg - Austria - Switzerland valid from May 2025 until further notice



Maybe undesirable **Allergens** Suitable for Mix Your Own Basic - Pomegranate Seeds No allergens included No allergens included Basic - Cucumber No allergens included Basic - Carrots No allergens included Basic - Cherry Tomatoes Basic - Pumpkin No allergens included Basic - Pumpkin and Sunflower Seed Mix No allergens included No allergens included Basic - Mango **√** A1 Basic - Miso Mayo No allergens included Basic - Olive Tapenade Basic - Bell Pepper No allergens included No allergens included Basic - Lingonberries Basic - Red Cabbage marinated No allergens included No allergens included Basic - Beetroot Basic - Walnuts Basic - Grapes No allergens included Extra - Avocado No allergens included Extra - Green Falafel No allergens included Extra - Gran Soresina (ital. hard cheese) Extra - Grilled Vegetables No allergens included Extra - Hummus Extra - Halloumi Extra - Grilled Chicken Breast Stripes No allergens included Extra - Salmon (Norwegian) Extra - planted.chicken (from July 24) No allergens included No allergens included Extra - Roast Potatoes No allergens included Extra - Beef Stripes ✓ Extra - Sheep's Cheese Extra - Sweet Potato Slices No allergens included Extra - Goat's Cheese

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	Aller	rgens														Mayb	e uno	lesira	ble		Sui	table	for
		Sluten			排押	6 00			le Nuts	S	S		**	ي ال	SO ₂	ا						>	\$
	Indication	Code						Indication					Lupines		Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Bowls	marcación	.	ceans					Indication	Code														women
California Poke Bowl with sauce	✓	A1		✓		1					1	1					1	1					
California Poke Bowl without sauce	'	A1		✓		1					-	1					· /	<u> </u>					\vdash
Salmon Avocado with sauce	· /	A1		· /		✓	√				-	1					· /	•					
Salmon Avocado with sauce	· /	A1		V		✓			_		_	-					-						
Japanese Beef Bowl with sauce	· /	A1		· ·	√	▼			_		1	•				√	-	1	1				
Japanese Beef Bowl without sauce	*	A1			V	V										▼	V	<u> </u>	V				
	V	A1			V	✓	-		_		1	1					V	•	V				1
Crunchy Chicken with sauce	V						V				· ·	Y					V						V
Crunchy Chicken without sauce		A1				√			_								V						V
Chicken Teriyaki Bowl with sauce	✓	A1				✓			_			√					-						V
Chicken Teriyaki Bowl without sauce												√					✓						✓
Avocado Chicken Bowl with sauce	N											✓					1						✓
Avocado Chicken Bowl without sauce	No alle	rgens inc	luaea									,					٧					,	-
Vegan Falafel Bowl with sauce												✓				√	✓				√	✓,	✓
Vegan Falafel Bowl without sauce						,						✓				✓	✓				√	✓	✓
Veggie Buddha Bowl with sauce	✓	A1				✓	✓	✓	Н3		✓	✓					✓				√		✓
Veggie Buddha Bowl without sauce						✓		✓	Н3								✓				✓	✓	✓
Quinoa Rice Mix Base		rgens inc																			✓	✓	✓
Jasmin Rice Base	No alle	rgens inc	luded																		✓	✓	✓
Cold Bowls																							
Black Rice Crunchy Chicken Bowl	✓	A1				✓	✓				✓	✓					✓						1
Black Rice Salmon Avocado Bowl	✓	A1		✓		✓	✓				✓	✓					✓						
Black Rice Avocdao Chicken Bowl												✓											1
Vegan Falafel Bulgur Bowl	✓	A1				✓						✓				√	✓				√	1	1
Veggie Buddha Bulgur Bowl	✓	A1				✓	✓	✓	H3		✓	✓					✓				✓		1
Bowl Sauces																							
Spicy Ginger Sauce	✓	A1				✓												✓		√	✓	✓	
Soy Sesame Sauce	✓	A1				✓	✓				✓	✓								√	√		✓
Teriyaki Sauce	1	A1				1															✓	1	1
Lemon Herbs Sauce												1									✓	1	1
Kids Menü																							
Mini Falafel Plate	✓	A1, A2, A3	3									✓				✓	✓				✓	✓ _	1
Mini Chicken Bowl					✓	✓					✓						1						1

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	Allei	rgens															Mayb	e uno	lesira	ble		Suit	table f	for
Sandwiches			Crusta- ceans	Egg	Fish	Peanut	Soy	Milk	Edible Indication		Cerlery	S Mustard	Sesame	Lupines	Molluscs	S0 ₂	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Avocado Mozzarella	✓	A1, A2, A3					√	_/					1					√						
Chicken Avocado	-	A1, A2, A3					V	-					-				_/	'						,
Vegan Sweet Potato	▼	A1, A2, A3					✓	_				√					•		1			1	1	
Grilled Veggie	*	A1, A2, A3					· ·	_					1				✓	7	•			1	_	_
Wraps	•	12/12/10						V					•				<u> </u>	V						
Caesar	✓	A1, A2		✓			✓	✓				✓					✓		√					
Paris	✓	A1, A2						✓	✓	Н3		√						✓				✓		√
Vegan Falafel	✓	A1, A2											✓				✓	✓				✓	1	✓
Teriyaki Salmon	✓	A1, A2			✓		✓	✓																
Hot Wraps																								
Hot grilled Beef	\checkmark	A1, A2		✓			✓	✓				✓					✓	✓	√	✓				
Hot Chicken Teriyaki	✓	A1, A2					✓	✓																✓
Hot Veggie Honey Mustard	\checkmark	A1, A2					\checkmark	✓				✓						✓				✓		✓
Grilled Flatbread																								
Pesto Chicken	\checkmark	A1, A2						✓									✓	✓						✓
Grilled vegetables Mozzarella	✓	A1, A2					✓	✓										✓				✓		✓
Olive Sheep Cheese	\checkmark	A1, A2						✓														✓		✓
Creamy Coriander Avocado	\checkmark	A1, A2						✓									✓	✓				✓		✓
Curries																								
Mango Chicken Curry						✓	✓						V	Info	rmation o curries:	n our	✓				√			✓
Mango planted.chicken Curry						✓	✓						1	our cur	ries are ser	ved with	✓	✓			✓	✓	✓	✓
Yellow Avocado Curry	✓	A1					✓						1	ses	ame seeds.	The	✓	1			√	✓	✓	✓
Red Thai Chicken Curry							✓						1		sion of sesi ed upon re		✓	1			$\sqrt{\sqrt{}}$			✓
Red Thai planted.chicken Curry							✓						1	howeve	r please m	ake sure	✓	✓			$\checkmark\checkmark\checkmark$	✓	\checkmark	✓
Asian Beef Curry						✓	✓						1	to info	rm us befo	rehand.	√	1		✓	111			✓

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	Alle	rgens															Mayb	e uno	lesira	ble		Sui	itable	for
	Indicatio	Gluten	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk		le Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Breakfast Toast & Egg																								
Vegan Avocado Toast	√	A1, A2, A3		√									V									✓	✓	✓
Avocado Toast with Sunny side up	√	A1, A2, A3		V				1					✓				1					✓		✓
Hummus Toast with sheep cheese	√	A1, A2, A3		1				✓					V				V					✓		✓
Hummus Toast mit Sheep cheese and ege	g ∀	A1, A2, A3		•	./			· ·					✓				V					•		_
Salmon Avocado Toast Salmon Avodaco Toast with Sunny side u	_	A1, A2, A3		1	✓								V											
				V	V								V											
Quinoa Breakfast Bow	/ *witho	out bread																						
Salsa & Egg Bowl				✓													✓	✓				✓		✓
Sweets																								
Bircher Muesli	✓	A4						✓	✓	H1, H2												✓		✓
Mango Coconutmilkrice								✓														✓		✓
Homemade Smoothie	Bowl	S																						
Açaí Bowl	\checkmark	A3, A4, A5							✓	H1, H4												✓	✓	✓
Tropical Mango Bowl	✓	A3, A5							✓	H1, H4												✓	1	✓
Chocolat Banana Bowl	✓	A4																				✓	1	✓
Warm Porridge																								
Mango Grape	✓	A4																				✓	1	✓
Granola Apple	✓	A3, A4, A5							✓	H1, H4												1		1
Apple Cinnamon	✓	A4							✓	НЗ												✓	✓	✓
Coffee		_			_																			
Espresso / Doppio / Coffee	No alle	ergens incl	luded																			✓	1	✓
Espresso Macchiato								✓														✓		✓
Espresso Macchiato with oatdrink	No alle	ergens incl	luded																			✓	✓	✓
Cappuccino								✓														✓		✓
Cappuccino with oatdrink	No alle	ergens incl	luded																			✓	✓	✓
Flat White								✓														✓		✓
Flat White with oatdrink	No alle	ergens incl	luded																			✓	✓	✓
Latte Macchiato								✓														✓		✓
Latte Macchiato with oatdrink	No alle	ergens incl	luded																			✓	✓	✓
Caffè Latte								✓														✓		✓
Caffè Latte with oat drink	No alle	ergens incl	luded																			✓	✓	✓
Chai Latte								✓														✓		✓
Chai Latte with oatdrink		ergens incl																				✓	✓	✓
Mint tea	No alle	ergens incl	luded																			✓	✓	✓

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	Aller	rgens															Mayb	e und	lesira	ble		Sui	itable	for
	G	Gluten	Crusta-	Egg	Fish	Peanut	Soy	Milk		ole Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Cake, Muffins, Croissai	nts																							
Blueberry Muffin	✓	A1		✓				✓														✓		✓
Double Chocolate Muffin	✓	A1					✓															✓	✓	✓
Carrot Cake	✓	A1		✓				✓	✓	Н3, Н7												✓		·
Bananabread	✓	A1, A4							✓	H1, H2, H3												✓	✓	✓
Raspberry Almond Brownie				✓			✓	✓	✓	H1, H2												✓		✓
Croissant	✓	A1																				✓	✓	✓
Pain au chocolat	✓	A1					✓															✓	✓	✓
Lemonade																								
	No alle	rgens inc	luded																			1	1	1
Smoothies																						,		
Açaí Sunrise	No alle	rgens inc	luded																			✓	1	✓
Green Machine	No alle	rgens inc	luded																			✓	1	✓
Mango Passion	No alle	rgens inc	luded																			✓	1	✓
Wine and Secco																								
Soave DOC Classico																✓			✓			✓		
Farnese Primitivo																✓			✓			✓		
Silver Veneto Frizzante																✓			✓			✓		
Hugo																✓			✓			✓		
Aperol Spritz (2,17)																✓			✓			✓		
Aperol Tonic (2,17)	No alle	rgens inc	luded																✓			✓		
Lillet Wild Berry																✓			✓			✓		
Lillet Vive (17)																✓			✓			✓		
Gin Tonic (17)	No alle	rgens inc	luded																✓			✓		
Crodino Spritz (2,17)																✓						✓		✓
radicional opecials	Special																							
Cesar Chicken Wrap, whole	1	A1, A2		✓			✓	✓				✓					✓							✓
Falafel Mezze Wrap, whole	✓	A1, A2											✓				✓	✓				✓	✓	√
Veggie Goat Wrap, whole	✓_	A1, A2					✓_	✓	✓	Н3		✓						✓				✓		✓
Japanese Salmon Wrap, whole	✓	A1, A2			✓		✓	✓																
Italian Pasta Bowl	✓,	A1						√				√										✓		√
Burrata Pasta Bowl	✓,	A1						✓	√	Н3								,						✓
Little Italy Snack Bowl with Sauce	✓	A1						✓	✓	Н3		√					✓	✓				√		✓
Mediteraner Feta Snack Salad with Dressin	19			1		_		✓				✓						1			11	√		→
All Day Breakfast Bowl with Sauce	√	A1, A2		· ·				✓									✓	✓			V V	✓		V
Ham (6,7,11) &Cheese Flatbread	✓	A1, A2 A4, A5						✓														✓		V
Red Berry Yoghurt Ocean Smoothie Bowl	∨	A4, A5																				✓	1	V
Acai Smothie Bowl	V	A4. A5																				✓	√	V
Peanut Chocolate Banana Overnight Oats	∨	A4. A5				√							1									✓	√	V
Golden Milk Overnight Oats	▼	A4						1														✓	v	-
XL Chicken 'n Egg Bowl	∨	A4 A1		1			1	_														•		V
XL planted.chicken ' Egg Bowl	▼	A1		V			V															1		-
XL Protein Power Bowl													1									✓	1	<u>,</u>
AL FIOLEIII FOWEI DOWN																						_		

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	Aller	Allergens															Mayb	e und	lesira	ble		Sui	table	for
		iluten	CON STATE OF THE S	0		###	6 00		€ Edit	ole Nuts	4	s	35	#	ي ا	SO ₂	4		Y				>	4
	Indication		Crusta-	Egg	Fish		Soy									Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant women
Seasonals Season	als	'	, cents	•	•	•			•	'		•												Worrier.
Burrata Pasta Salad with Dressing	1	A1					✓	✓	✓	Н3		✓					✓	✓				✓		✓
Protein Chicken Bowl with Sauce	✓	A1					✓											✓						✓
Protein planted.chicken Bowl with Sauce	✓	A1					✓											✓				✓	\checkmark	✓
Melon Summer with Dressing								✓									✓	✓						✓
Melon Summer without Dressing								✓																√
Melon Summer planted Chicken with Dres	sing							✓									✓	✓				✓		✓
Melon Summer planted Chicken without I	-							✓														✓		✓
Limettendressing	No alle	rgens inc	luded																			✓	1	✓
Kebab Bowl planted with Sauce	\checkmark	A4							\checkmark	H1		✓	\checkmark			✓	✓	✓				✓	\checkmark	✓
Kebab Bowl planted without Sauce													\checkmark			✓	✓	✓				✓	\checkmark	✓
Kebab Bowl Beef with Sauce	\checkmark	A4							\checkmark	H1		✓	\checkmark			✓	✓	✓						✓
Kebab Bowl Chicken with Sauce	\checkmark	A4							\checkmark	H1		✓	\checkmark			✓	✓	✓						✓
Kebab Bowl planted.chicken with Sauce		A4							✓	H1		✓	✓			✓	✓	✓				✓	\checkmark	✓
MinzDip	No alle	rgens inc	luded														✓					✓	✓	✓
Kebab Sauce	✓	A4							✓	H1		✓					✓					✓	\checkmark	✓

2: with colourants

6: with nitrite curing salt

7: with antioxidant

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